COVID-19: Symptoms of Illness

People with confirmed COVID-19 infections have a range of symptoms, from little to no symptoms to people being severely sick and dying.

People with these symptoms or combinations of symptoms may have COVID-19:

- Cough (new onset or worsening of chronic cough)
- Shortness of breath
- Fever
- Chills
- Sore throat
- Runny nose
- Muscle pain
- Headache
- New loss of taste or smell

Not everyone with COVID-19 has all of these symptoms. For many, symptoms are mild, with no fever. Some people may also experience fatigue or gastrointestinal symptoms such as nausea, vomiting, diarrhea, or abdominal pain. It is important to know that you can still spread (transmit) the virus to others even if you have mild or no symptoms.

Know emergency warning signs of COVID-19

Get medical attention immediately if you experience any of these warning signs*:
- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion or inability to arouse (wake) a person
- Bluish lips or face

*This list is not all inclusive. Please consult your doctor or medical provider for any other symptoms that are severe or concerning. If you need emergency medical attention, call 911 and tell them you are having COVID-19-like symptoms.

More can be found at: [CDC COVID-19, Symptoms webpage](https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/testing.html).

Symptoms of COVID-19 may appear in as few as two days or as long as 14 days after contact with someone who has COVID-19.

Do you have symptoms of COVID-19? Have you been exposed? Get tested.
- Contact your doctor and ask to be tested.
- [Complete an online health screening assessment](https://www.cdc.gov/coronavirus/2019-ncov/flexibility/telemedicine.html), and a licensed health practitioner will contact you.
- See if a [community testing site](https://www.cdc.gov/coronavirus/2019-ncov/testing/community-testing-site.html) is available near you.

Last Revised: May 27, 2020